ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Ayushya Suktam

Vedic, Yajurveda tradition

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

The eight verses of the sukta, followed by the Vishnu mantra and the peace chant that most chanting books add.

VERSE 1

यो ब्रह्मा ब्रह्मण उज्जहार प्राणैः शिरः कृत्तिवासाः पिनाकी ।
ईशानो देवः स न आयुर्दधातु तस्मै जुहोमि हविषा घृतेन ॥

The god clad in a hide, the bearer of the Pinaka bow, who tore away the head of Brahma together with its life-breaths - may that god Ishana grant us long life. To him I offer oblation with ghee.

VERSE 2

विभ्राजमानः सरिरस्य मध्या-द्रोचमानो घर्मरुचिर्य आगात् ।
स मृत्युपाशानपनुद्य घोरानिहायुषेणो घृतमत्तु देवः ॥

The radiant one who came forth from the midst of the waters, shining with the glow of heat - may that god drive away the dreadful nooses of death and partake of this ghee here for our long life.

VERSE 3

ब्रह्मज्योति-र्ब्रह्म-पत्नीषु गर्भं यमादधात् पुरुरूपं जयन्तम् ।
सुवर्णरम्भग्रह-मर्कमर्च्यं तमायुषे वर्धयामो घृतेन ॥

The light of Brahman that placed in the wives of Brahma the embryo of many forms, the victorious one - that golden, shining sun who is worthy of worship we strengthen with ghee for long life.

VERSE 4

श्रियं लक्ष्मी-मौबला-मम्बिकां गां षष्ठीं च यामिन्द्रसेनेत्युदाहुः ।
तां विद्यां ब्रह्मयोनिगं् सरूपामिहायुषे तर्पयामो घृतेन ॥

Shri, Lakshmi, Aubala, Ambika, the Cow, and Shashthi whom they call Indrasena - that Vidya, born of Brahman and of like form, we satisfy here with ghee for long life.

VERSE 5

दाक्षायण्यः सर्वयोन्यः स योन्यः सहस्रशो विश्वरूपा विरूपाः ।
ससूनवः सपतयः सयूथ्या आयुषेणो घृतमिदं जुषन्ताम् ॥

The daughters of Daksha, sources of all beings, with their own offspring, in thousands, of every form and of varied forms - with their sons, their husbands and their hosts, may they accept this ghee for our long life.

VERSE 6

दिव्या गणा बहुरूपाः पुराणा आयुश्छिदो नः प्रमथ्नन्तु वीरान् ।
तेभ्यो जुहोमि बहुधा घृतेन मा नः प्रजागं् रीरिषो मोत वीरान् ॥

The divine hosts of many forms, the ancient ones who cut life short and strike down our men - to them I offer ghee in many ways. Do not harm our children, nor our men.

VERSE 7

एकः पुरस्तात् य इदं बभूव यतो बभूव भुवनस्य गोपाः ।
यमप्येति भुवनगं् साम्पराये स नो हविर्घृत-मिहायुषेत्तु देवः ॥

The One who was here before all, from whom the protector of the world came into being, and into whom the world returns at the end - may that god partake here of our oblation of ghee for long life.

VERSE 8

वसून् रुद्रा-नादित्यान् मरुतोऽथ साध्यान् ऋभून् यक्षान् गन्धर्वाग्श्च पितृग्श्च विश्वान् ।
भृगून् सर्पाग्श्चाङ्गिरसोऽथ सर्वान् घृतगं् हुत्वा स्वायुष्या महयाम शश्वत् ॥

The Vasus, Rudras, Adityas, Maruts and Sadhyas, the Ribhus, Yakshas, Gandharvas and all the ancestors, the Bhrigus, the serpents, the Angirasas and all the rest - having offered ghee, we honour them always for a good long life.

VERSE 9

विष्णो त्वं नो अन्तमश्शर्मयच्छ सहन्त्य ।
प्रतेधारा मधुश्चुत उथ्सं दुह्रते अक्षितम् ॥

O Vishnu, conquering one, our nearest friend, grant us shelter. Your streams flowing with honey draw from the spring that never runs dry.

SHANTI

ॐ शान्तिः शान्तिः शान्तिः ॥

Om. Peace, peace, peace.

Read it on its page

The Ayushya Suktam with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/ayushya-suktam/



PERFORMED FOR YOU

The Ayush Homam, in your name

At our Yagna Ashram, telecast live · astrobhava.com/product/ayush-homa/

Book →

AstroBhava · www.astrobhava.com · support@astrobhava.com · +91 96295 55442
An initiative of Vedhon Management Consultants (OPC) Pvt Ltd, Pollachi