ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Balaram Mantra

Bhagavata Purana and Garga Samhita

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

The name mantra and dhyana, five verses of the Bhagavata Purana, and the eight-verse Balabhadra Stavaraja with its phala verse.

MANTRA 1

ॐ बलभद्राय नमः ।

Om, salutation to Balabhadra, the strong and blessed one (Balarama).

DHYANAM 1

स्फुरदमलकिरीटं किङ्किणीकङ्कणार्हं चलदलककपोलं कुण्डलश्रीमुखाब्जम् ।
तुहिनगिरिमनोज्ञं नीलमेघाम्बराढ्यं हलमुसलविशालं कामपालं समीडे ॥

I praise Kamapala, the fulfiller of wishes, whose spotless crown shines, who is fit to wear small bells and bracelets, whose cheeks are touched by moving curls and whose lotus face glows with earrings. He is lovely as a snow mountain, rich in a robe the colour of a dark cloud, and mighty with plough and pestle.

VERSE 1

राम रामाखिलाधार प्रभावं न विदाम ते ।
मूढानां नः कुबुद्धीनां क्षन्तुमर्हस्यतिक्रमम् ॥

O Rama, Rama, support of all, we did not know your power. We are foolish and of poor understanding; please forgive our offence.

VERSE 2

स्थित्युत्पत्त्यप्ययानां त्वमेको हेतुर्निराश्रयः ।
लोकान् क्रीडनकानीश क्रीडतस्ते वदन्ति हि ॥

You alone, needing no support, are the cause of the keeping, the rise and the dissolution of all things. O Lord, it is said that the worlds are toys for you at play.

VERSE 3

त्वमेव मूर्ध्नीदमनन्त लीलया भूमण्डलं बिभर्षि सहस्रमूर्धन् ।
अन्ते च यः स्वात्मनिरुद्धविश्वः शेषेऽद्वितीयः परिशिष्यमाणः ॥

O Ananta of a thousand heads, you alone carry this earth on your head as if in play. At the end, drawing the whole universe into yourself, you lie down as the one without a second, the one who remains.

VERSE 4

कोपस्तेऽखिलशिक्षार्थं न द्वेषान्न च मत्सरात् ।
बिभ्रतो भगवन् सत्त्वं स्थितिपालनतत्परः ॥

O Lord, your anger is meant to teach everyone, not born of hatred or envy, for you hold to pure goodness and are intent on keeping and protecting the world.

VERSE 5

नमस्ते सर्वभूतात्मन् सर्वशक्तिधराव्यय ।
विश्वकर्मन् नमस्तेऽस्तु त्वां वयं शरणं गताः ॥

Salutations to you, Self of all beings, bearer of every power, the unchanging one. Maker of the universe, salutations to you; we have come to you for refuge.

STUTI 1

देवादिदेव भगवन्कामपाल नमोऽस्तु ते ।
नमोऽनन्ताय शेषाय साक्षाद्रामाय ते नमः ॥

O God of gods, O Lord Kamapala, salutations to you. Salutations to you, Ananta and Shesha, who are Rama himself.

STUTI 2

धराधराय पूर्णाय स्वधाम्ने सीरपाणये ।
सहस्रशिरसे नित्यं नमः सङ्कर्षणाय ते ॥

Salutations always to you, Sankarshana, who holds up the earth, who is complete, whose own light is his abode, who carries the plough in his hand and who has a thousand heads.

STUTI 3

रेवतीरमण त्वं वै बलदेवाच्युताग्रज ।
हलायुध प्रलम्बघ्न पाहि मां पुरुषोत्तम ॥

You are the beloved of Revati, O Baladeva, elder brother of Achyuta. O plough-armed one, slayer of Pralamba, highest of beings, protect me.

STUTI 4

बलाय बलभद्राय तालाङ्काय नमो नमः ।
नीलाम्बराय गौराय रौहिणेयाय ते नमः ॥

Salutations again and again to Bala, to Balabhadra, whose emblem is the palm tree. Salutations to you, fair one dressed in blue, son of Rohini.

STUTI 5

धेनुकारिर्मुष्टिकारिः कूटारिर्बल्वलान्तकः ।
रुक्म्यरिः कूपकर्णारिः कुम्भाण्डारिस्त्वमेव हि ॥

You alone are the foe of Dhenuka, of Mushtika and of Kuta, the ender of Balvala, the foe of Rukmi, of Kupakarna and of Kumbhanda.

STUTI 6

कालिन्दीभेदनोऽसि त्वं हस्तिनापुरकर्षकः ।
द्विविदारिर्यादवेन्द्रो व्रजमण्डलमण्डनः ॥

You are the one who split the course of the Kalindi river and dragged the city of Hastinapura; the foe of Dvivida, the lord of the Yadavas and the ornament of the land of Vraja.

STUTI 7

कंसभ्रातृप्रहन्तासि तीर्थयात्राकरः प्रभुः ।
दुर्योधनगुरुः साक्षात्पाहि पाहि प्रभो त्वतः ॥

You struck down the brothers of Kamsa; you are the master who went on pilgrimage to the holy places, and the very teacher of Duryodhana. O Lord, protect me, protect me.

STUTI 8

जय जयाच्युतदेव परात्पर स्वयमनन्तदिगन्तगतश्रुत ।
सुरमुनीन्द्रफणीन्द्रवराय ते मुसलिने बलिने हलिने नमः ॥

Victory, victory to you, divine Achyuta, higher than the highest, the endless one whose fame has reached the ends of every direction. Salutations to you, best among gods, great sages and serpent kings, the mighty bearer of pestle and plough.

PHALA SHRUTI 1

यः पठेत्सततं स्तवनं नरः स तु हरेः परमं पदमाव्रजेत् ।
जगति सर्वबलं त्वरिमर्दनं भवति तस्य धनं स्वजनं धनम् ॥

The verse says that one who always recites this hymn reaches the highest abode of Hari, and in this world gains every kind of strength that crushes enemies, along with wealth and his own people.

Read it on its page

The Balaram Mantra with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/balaram-mantra/



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