



SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

BRAHMA MANTRA

— ❖ —
Mahanarayana Upanishad

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

Two short gayatris, printed without Vedic accent marks: the Brahma Gayatri of the Mahanarayana Upanishad and the Chaturmukha form addressed to four-faced Brahma. Chanting with the Vedic svaras is learned from a teacher.

MANTRA 1

ॐ वेदात्मनाय विद्महे हिरण्यगर्भाय धीमहि ।
तन्नो ब्रह्म प्रचोदयात् ॥

Om. May we come to know the one whose very self is the Veda; for that, may we meditate on Hiranyagarbha, the golden womb of creation. May Brahma (Brahman) inspire and guide our minds.

MANTRA 2

चतुर्मुखाय विद्महे कमण्डलुधराय धीमहि ।
तन्नो ब्रह्मा प्रचोदयात् ॥

May we come to know the four-faced one; for that, may we meditate on him who holds the water pot. May Brahma inspire and guide our minds.

READ IT ON ITS PAGE

The Brahma Mantra with its meaning, how and when it is recited, and the same text in five more scripts:
astrobhava.com/mantra/brahma-mantra/



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