



SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

CHAKRA BEEJ MANTRAS



Traditional, from the Shat-chakra-nirupana

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

The six seed syllables in order from the root chakra up to the brow, one to a line.

MANTRA 1

लं ॥

Lam, the seed syllable of the earth element, meditated on in the Muladhara, the root chakra at the base of the spine.

MANTRA 2

वं ॥

Vam, the seed syllable of water, sacred to Varuna, meditated on in the Svadhishtana chakra below the navel.

MANTRA 3

रं ॥

Ram, the seed syllable of fire, meditated on in the Manipura chakra at the navel.

MANTRA 4

यं ॥

Yam, the seed syllable of air, meditated on in the Anahata chakra at the heart.

MANTRA 5

हं ॥

Ham, the seed syllable of ether or space, meditated on in the Vishuddha chakra at the throat.

MANTRA 6

ॐ ॥

Om, the Pranava, called the first seed of the Vedas, meditated on in the Ajna chakra between the eyebrows.

READ IT ON ITS PAGE

The Chakra Beej Mantras with its meaning, how and when it is recited, and the same text in five more scripts:
astrobhava.com/mantra/chakra-beej-mantras/



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