



SACRED HYMN · HINDI (DEVANAGARI) WITH MEANING

HANUMAN CHALISA

Goswami Tulsidas

DOHA

श्रीगुरु चरन सरोज रज निज मनु मुकुरु सुधारि ।
बरनउँ रघुबर बिमल जसु जो दायकु फल चारि ॥

With the dust of my Guru's lotus feet I cleanse the mirror of my mind, and sing the spotless glory of Raghubar, which grants the four fruits of life.

DOHA

बुद्धिहीन तनु जानिके सुमिरौं पवन-कुमार ।
बल बुधि बिद्या देहु मोहिं हरहु कलेस बिकार ॥

Knowing myself to be without understanding, I remember the Son of the Wind: give me strength, wisdom and learning, and take away my troubles and faults.

CHAUPAI 1

जय हनुमान ज्ञान गुन सागर ।
जय कपीस तिहुँ लोक उजागर ॥

Victory to Hanuman, ocean of wisdom and virtue; victory to the lord of the monkeys, who lights up the three worlds.

CHAUPAI 2

राम दूत अतुलित बल धामा ।
अंजनि-पुत्र पवनसुत नामा ॥

Messenger of Rama, home of matchless strength, known as Anjani's son and the Son of the Wind.

CHAUPAI 3

महाबीर बिक्रम बजरंगी ।
कुमति निवार सुमति के संगी ॥

Great hero, mighty, with a body strong as a thunderbolt; you dispel bad thinking and are the companion of good sense.

CHAUPAI 4

कंचन बरन बिराज सुबेसा ।
कानन कुंडल कुंचित केसा ॥

Golden in colour, finely dressed, with earrings in your ears and curling hair.

CHAUPAI 5

हाथ बज्र औ ध्वजा बिराजै ।
काँधे मूँज जनेऊ साजै ॥

In your hand shine the thunderbolt and the banner; the sacred thread of munja grass adorns your shoulder.

CHAUPAI 6

संकर सुवन केसरीनंदन ।
तेज प्रताप महा जग बंदन ॥

Son of Shankara and son of Kesari; your radiance and might are revered by the whole world.

CHAUPAI 7

बिद्यावान गुनी अति चातुर ।
राम काज करिबे को आतुर ॥

Learned, virtuous and wise, ever eager to do Rama's work.

CHAUPAI 8

प्रभु चरित्र सुनिबे को रसिया ।
राम लखन सीता मन बसिया ॥

You delight in hearing the Lord's story; Rama, Lakshmana and Sita live in your heart.

CHAUPAI 9

सूक्ष्म रूप धरि सियहिं दिखावा ।
बिकट रूप धरि लंक जरावा ॥

Taking a tiny form you appeared before Sita; taking a fearsome form you set Lanka on fire.

CHAUPAI 10

भीम रूप धरि असुर सँहारे ।
रामचंद्र के काज सँवारे ॥

Taking a mighty form you destroyed the demons and accomplished Ramachandra's tasks.

CHAUPAI 11

लाय सजीवन लखन जियाये ।
श्रीरघुबीर हरषि उर लाये ॥

You brought the Sanjivani herb and revived Lakshmana; Raghubir, overjoyed, embraced you.

CHAUPAI 12

रघुपति कीन्ही बहुत बड़ाई ।
तुम मम प्रिय भरतहि सम भाई ॥

Raghupati praised you greatly: 'You are as dear to me as my brother Bharata.'

CHAUPAI 13

सहस बदन तुम्हरो जस गावैं ।
अस कहि श्रीपति कंठ लगावैं ॥

'May the thousand-mouthed serpent sing your glory,' said the Lord of Lakshmi, and embraced you.

CHAUPAI 14

सनकादिक ब्रह्मादि मुनीसा ।
नारद सारद सहित अहीसा ॥

Sanaka and the sages, Brahma and the great munis, Narada, Sharada and the king of serpents –

CHAUPAI 15

जम कुबेर दिगपाल जहाँ ते ।
कबि कोबिद कहि सके कहाँ ते ॥

– Yama, Kubera and the guardians of the directions: when even they cannot, how could poets and scholars describe your glory?

CHAUPAI 16

तुम उपकार सुग्रीवहिं कीन्हा ।
राम मिलाय राज पद दीन्हा ॥

You did Sugriva a great service: you brought him to Rama and gave him back his kingdom.

CHAUPAI 17

तुम्हरो मंत्र बिभीषन माना ।
लंकेस्वर भए सब जग जाना ॥

Vibhishana heeded your counsel and became lord of Lanka, as the whole world knows.

CHAUPAI 18

जुग सहस्र जोजन पर भानू ।
लील्यो ताहि मधुर फल जानू ॥

The sun, a yuga and a thousand yojanas away, you swallowed, taking it for a sweet fruit.

CHAUPAI 19

प्रभु मुद्रिका मेलि मुख माहीं ।
जलधि लाँघि गये अचरज नाहीं ॥

Holding the Lord's ring in your mouth you leapt across the ocean – no wonder in that.

CHAUPAI 20

दुर्गम काज जगत के जेते ।
सुगम अनुग्रह तुम्हरे तेते ॥

Every hard task in the world becomes easy by your grace.

CHAUPAI 21

राम दुआरे तुम रखवारे ।
होत न आज्ञा बिनु पैसारे ॥

You guard Rama's door; no one enters without your leave.

CHAUPAI 22

सब सुख लहै तुम्हारी सरना ।
तुम रच्छक काहू को डर ना ॥

The verse says that whoever takes refuge in Hanuman finds every happiness, and that with him as protector there is nothing to fear.

CHAUPAI 23

आपन तेज सम्हारो आपै ।
तीनों लोक हाँक तें काँपै ॥

Only you can contain your own power; the three worlds tremble at your roar.

CHAUPAI 24

भूत पिसाच निकट नहिं आवै ।
महाबीर जब नाम सुनावै ॥

The verse says that ghosts and evil spirits do not come near when the name of the Great Hero is spoken.

CHAUPAI 25

नासै रोग हरै सब पीरा ।
जपत निरंतर हनुमत बीरा ॥

The verse says that disease is destroyed and all pain removed by constantly repeating the name of brave Hanuman.

CHAUPAI 26

संकट तें हनुमान छुड़ावै ।
मन क्रम बचन ध्यान जो लावै ॥

The verse says that Hanuman frees from trouble those who meditate on him in thought, deed and word.

CHAUPAI 27

सब पर राम तपस्वी राजा ।
तिन के काज सकल तुम साजा ॥

Rama, the ascetic king, is above all; you carried out all his tasks.

CHAUPAI 28

और मनोरथ जो कोई लावै ।
सोइ अमित जीवन फल पावै ॥

The verse says that whoever comes to Hanuman with any other wish receives the boundless fruit of life.

CHAUPAI 29

चारों जुग परताप तुम्हारा ।
है परसिद्ध जगत उजियारा ॥

Your glory fills all four ages; your fame lights up the world.

CHAUPAI 30

साधु संत के तुम रखवारे ।
असुर निकंदन राम दुलारे ॥

You protect the holy and the saints, destroy the demons, and are dear to Rama.

CHAUPAI 31

अष्ट सिद्धि नौ निधि के दाता ।
अस बर दीन जानकी माता ॥

Mother Janaki granted you the boon of being the giver of the eight siddhis and nine treasures.

CHAUPAI 32

राम रसायन तुम्हरे पासा ।
सदा रहो रघुपति के दासा ॥

The elixir of Rama is with you; may you ever remain Raghupati's servant.

CHAUPAI 33

तुम्हरे भजन राम को पावै ।
जनम जनम के दुख बिसरावै ॥

The verse says that by devotion to Hanuman one reaches Rama and forgets the sorrows of many births.

CHAUPAI 34

अंत काल रघुबर पुर जाई ।
जहाँ जन्म हरि-भक्त कहाई ॥

It says that at the end such a devotee goes to Raghubar's city, and wherever born is known as a devotee of Hari.

CHAUPAI 35

और देवता चित्त न धरई ।
हनुमत सेइ सर्व सुख करई ॥

The verse says that even without holding any other deity in mind, serving Hanuman brings every happiness.

CHAUPAI 36

संकट कटै मिटै सब पीरा ।
जो सुमिरै हनुमत बलबीरा ॥

The verse says that troubles end and all pain is erased for whoever remembers mighty, brave Hanuman.

CHAUPAI 37

जै जै जै हनुमान गोसाई ।
कृपा करहु गुरुदेव की नाई ॥

Victory, victory, victory to Lord Hanuman; be gracious to me as my Guru is.

CHAUPAI 38

जो सत बार पाठ कर कोई ।
छूटहि बंदि महा सुख होई ॥

The verse says that whoever recites this a hundred times is freed from bondage and finds great joy.

CHAUPAI 39

जो यह पढ़ै हनुमान चालीसा ।
होय सिद्धि साखी गौरीसा ॥

The verse says that whoever reads this Hanuman Chalisa attains fulfilment, with Gauri's lord, Shiva, as witness.

CHAUPAI 40

तुलसीदास सदा हरि चेरा ।
कीजै नाथ हृदय महँ डेरा ॥

Tulsidas, ever Hari's servant, prays: Lord, make your dwelling in my heart.

CLOSING DOHA

पवनतनय संकट हरन मंगल मूरति रूप ।

राम लखन सीता सहित हृदय बसहु सुर भूप ॥

Son of the Wind, remover of troubles, embodiment of all that is auspicious: king of the gods, dwell in my heart with Rama, Lakshmana and Sita.

READ IT ON ITS PAGE

The Hanuman Chalisa with its meaning, how and when it is recited, and the same text in five more scripts:
astrobhava.com/mantra/hanuman-chalisa/



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