



SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

ISHA UPANISHAD

Shukla Yajurveda, Vajasaneyi Samhita 40

The eighteen verses of the Kanva recension, opened by the Purnamadah peace invocation.

SHANTI 1

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

That is whole, this is whole; from the whole the whole comes forth. When the whole is taken from the whole, the whole alone remains. Om, peace, peace, peace.

VERSE 1

ॐ ईशा वास्यमिदं सर्वं यत्किञ्च जगत्यां जगत् ।
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्यस्विद्धनम् ॥

All of this, whatever moves in this moving world, is to be clothed by the Lord. Enjoy it by letting go, and do not covet anyone's wealth, for whose is it?

VERSE 2

कुर्वन्नेवेह कर्माणि जिजीविषेच्छतं समाः ।
एवं त्वयि नान्यथेतोऽस्ति न कर्म लिप्यते नरे ॥

Doing one's works here, one may wish to live a hundred years. For you there is no other way than this: in this way work does not cling to a person.

VERSE 3

असूर्या नाम ते लोका अन्धेन तमसाऽऽवृताः ।
तांस्ते प्रेत्याभिगच्छन्ति ये के चात्महनो जनाः ॥

Sunless are those worlds, covered in blind darkness. Those who slay the Self go to them after they depart from here.

VERSE 4

अनेजदेकं मनसो जवीयो नैनद्देवा आप्नुवन्पूर्वमर्षत् ।
तद्भावतोऽन्यानत्येति तिष्ठत्तस्मिन्नपो मातरिश्वा दधाति ॥

The One does not move, yet it is swifter than the mind; the senses never reached it, for it ran ahead of them. Standing still, it passes beyond others who run, and in it the wind upholds the waters of life.

VERSE 5

तदेजति तन्नैजति तदूरे तद्वन्तिके ।
तदन्तरस्य सर्वस्य तदु सर्वस्यास्य बाह्यतः ॥

It moves and it does not move; it is far away and it is near. It is inside all this, and it is also outside all this.

VERSE 6

यस्तु सर्वाणि भूतान्यात्मन्येवानुपश्यति ।
सर्वभूतेषु चात्मानं ततो न विजुगुप्सते ॥

One who sees all beings in the Self, and the Self in all beings, feels no aversion because of it.

VERSE 7

यस्मिन्सर्वाणि भूतान्यात्मैवाभूद्विजानतः ।
तत्र को मोहः कः शोक एकत्वमनुपश्यतः ॥

For the knower in whom all beings have become the Self alone, what delusion or what sorrow can there be, when he sees the oneness?

VERSE 8

स पर्यगाच्छुक्रमकायमव्रणमस्नाविरं शुद्धमपापविद्धम् ।
कविर्मनीषी परिभूः स्वयम्भूर्याथातथ्यतोऽर्थान् व्यदधाच्छाश्वतीभ्यः समाभ्यः ॥

He has spread everywhere: bright, bodiless, without wound, without sinews, pure, untouched by evil. The seer, the wise one, all-encompassing and self-existent, he has set out all things rightly for the endless years.

VERSE 9

अन्धं तमः प्रविशन्ति येऽविद्यामुपासते ।
ततो भूय इव ते तमो य उ विद्यायां रताः ॥

Into blind darkness enter those who worship ignorance; into still greater darkness, as it were, go those who delight in knowledge alone.

VERSE 10

अन्यदेवाहुर्विद्ययाऽन्यदाहुरविद्यया ।
इति शुश्रुम धीराणां ये नस्तद्विचक्षिरे ॥

One result, they say, comes from knowledge, and another, they say, from ignorance. So we have heard from the wise who explained it to us.

VERSE 11

विद्यां चाविद्यां च यस्तद्वेदोभयं सह ।
अविद्यया मृत्युं तीर्त्वा विद्ययाऽमृतमश्नुते ॥

One who knows knowledge and ignorance both together crosses death by ignorance and attains immortality by knowledge.

VERSE 12

अन्धं तमः प्रविशन्ति येऽसम्भूतिमुपासते ।
ततो भूय इव ते तमो य उ सम्भूत्यां रताः ॥

Into blind darkness enter those who worship the unmanifest; into still greater darkness, as it were, go those who delight in the manifest alone.

VERSE 13

अन्यदेवाहुः सम्भवादन्यदाहुरसम्भवात् ।
इति शुश्रुम धीराणां ये नस्तद्विचक्षिरे ॥

One result, they say, comes from the manifest, and another, they say, from the unmanifest. So we have heard from the wise who explained it to us.

VERSE 14

सम्भूतिं च विनाशं च यस्तद्वेदोभयं सह ।
विनाशेन मृत्युं तीर्त्वा सम्भूत्याऽमृतमश्नुते ॥

One who knows the manifest and destruction both together crosses death by destruction and attains immortality by the manifest.

VERSE 15

हिरण्मयेन पात्रेण सत्यस्यापिहितं मुखम् ।
तत्त्वं पूषन्नपावृणु सत्यधर्माय दृष्टये ॥

The face of truth is covered by a golden vessel. O Pushan, uncover it, so that I who hold to truth may see.

VERSE 16

पूषन्नेकर्षे यम सूर्य प्राजापत्य व्यूह रश्मीन् समूह तेजः ।
यत्ते रूपं कल्याणतमं तत्ते पश्यामि योऽसावसौ पुरुषः सोऽहमस्मि ॥

O Pushan, lone seer, Yama, Surya, son of Prajapati, spread apart your rays and gather in your light. Your most blessed form, that I see; that Person yonder, I am he.

VERSE 17

वायुरनिलममृतमथेदं भस्मान्तं शरीरम् ।

ॐ क्रतो स्मर कृतं स्मर क्रतो स्मर कृतं स्मर ॥

Let my breath now go to the immortal wind, and this body end in ashes. Om, O mind, remember, remember what was done; O mind, remember, remember what was done.

VERSE 18

अग्ने नय सुपथा राये अस्मान् विश्वानि देव वयुनानि विद्वान् ।

युयोध्यस्मज्जुहुराणमेनो भूयिष्ठां ते नम उक्तिं विधेम ॥

O Agni, lead us by the good path to prosperity, O god who knows all our ways. Keep far from us the crooked sin; we offer you our fullest words of homage.

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