ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Mantra Heenam Kriya Heenam

Traditional

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

Three verses said at the close of puja, in the form addressed to Vishnu.

VERSE 1

मन्त्रहीनं क्रियाहीनं भक्तिहीनं जनार्दन ।
यत्पूजितं मया देव परिपूर्णं तदस्तु मे ॥

O Janardana, whatever worship I have offered you, lacking in mantra, lacking in right action and lacking in devotion, O Lord, may it be made complete for me.

VERSE 2

अपराधसहस्राणि क्रियन्तेऽहर्निशं मया ।
तानि सर्वाणि मे देव क्षमस्व पुरुषोत्तम ॥

Thousands of faults are committed by me day and night. O Lord, O Purushottama, forgive me all of them.

VERSE 3

आवाहनं न जानामि न जानामि विसर्जनम् ।
पूजां चैव न जानामि क्षम्यतां परमेश्वर ॥

I do not know how to invite you, nor how to send you off, nor do I know how to worship you. O Supreme Lord, may this be forgiven.

Read it on its page

The Mantra Heenam Kriya Heenam with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/mantra-heenam/



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