



SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

NARMADA ASHTAKAM

Attributed to Adi Shankaracharya

Eight verses, each ending on the refrain to the Narmada's lotus feet, followed by a verse that states the fruit of reciting the hymn.

VERSE 1

सबिन्दुसिन्धुसुखलत्तरङ्गभङ्गरञ्जितं द्विषत्सु पापजातजातकारिवारिसंयुतम् ।
कृतान्तदूतकालभूतभीतिहारिवर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, your waters are adorned with rippling waves full of spray, and they wipe away the mass of sins, even of those who bear hatred. You give armour against the fear of death, of Yama's messengers and of time; I bow to your lotus feet.

VERSE 2

त्वदम्बुलीनदीनमीनदिव्यसम्प्रदायकं कलौ मलौघभारहारिसर्वतीर्थनायकम् ।
सुमच्छकच्छनक्रचक्रवाकचक्रशर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, you grant a divine state even to the humble fish that live in your waters, and in the Kali age you lift the heavy load of impurity as the leader of all holy places. You give joy to the fish, tortoises, crocodiles and chakravaka birds; I bow to your lotus feet.

VERSE 3

महागभीरनीरपूरपापधूतभूतलं ध्वनत्समस्तपातकारिदारितापदाचलम् ।
जगल्लये महाभये मृकण्डुसूनुहर्म्यदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, your deep, abundant waters wash the sins from the earth, and your roaring current shatters every sin and every mountain of misfortune. In the great terror of the world's dissolution you gave shelter to the son of Mrikandu (Markandeya); I bow to your lotus feet.

VERSE 4

गतं तदैव मे भयं त्वदम्बु वीक्षितं यदा मृकण्डुसूनुशौनकासुरारिसेवितं सदा ।
पुनर्भवाब्धिजन्मजं भवाब्धिदुःखवर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, my fear left me the very moment I saw your waters, which Markandeya, Shaunaka and the gods always worship. You are armour against rebirth and against the sorrows of the ocean of worldly life; I bow to your lotus feet.

VERSE 5

अलक्ष्यलक्षकिन्नरामरासुरादिपूजितं सुलक्षनीरतीरधीरपक्षिलक्षकूजितम् ।
वसिष्ठशिष्टपिप्पलादिकर्दमादिशर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, you are worshipped by countless unseen Kinnaras, gods and asuras, and on your clear banks hundreds of thousands of birds sing without fear. You bring blessing to Vasishtha, Pippalada, Kardama and other noble sages; I bow to your lotus feet.

VERSE 6

सनत्कुमारनाचिकेतकश्यपात्रिषट्पदैः धृतं स्वकीयमानसेषु नारदादिषट्पदैः ।
रवीन्दुरन्तिदेवदेवराजकर्मशर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, Sanatkumara, Nachiketa, Kashyapa, Atri, Narada and others hold your feet in their hearts as bees hold to a lotus. You make the deeds of the Sun, the Moon, Rantideva and Indra, king of the gods, bear fruit; I bow to your lotus feet.

VERSE 7

अलक्षलक्षलक्षपापलक्षसारसायुधं ततस्तु जीवजन्तुतन्तुभुक्तिमुक्तिदायकम् ।
विरिञ्चिविष्णुशंकरस्वकीयधामवर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, you are the weapon that destroys countless sins, seen and unseen, and you grant worldly enjoyment and liberation to every living creature. You protect the very abodes of Brahma, Vishnu and Shiva; I bow to your lotus feet.

VERSE 8

अहो धृतं स्वनं श्रुतं महेशकेशजातटे किरातसूतबाडबेषु पण्डिते शठे नटे ।
दुरन्तपापतापहारि सर्वजन्तुशर्मदे त्वदीयपादपङ्कजं नमामि देवि नमदे ॥

O Goddess Narmada, born from the matted locks of Shiva, your sound is heard on your banks by hunters, charioteers, the lowly, the learned, the wicked and the actor alike. You remove sin and suffering that are hard to end and bring good to all beings; I bow to your lotus feet.

PHALA SHRUTI 1

इदं तु नर्मदाष्टकं त्रिकालमेव ये सदा पठन्ति ते निरन्तरं न यान्ति दुर्गतिं कदा ।
सुलभ्यदेहदुर्लभं महेशधामगौरवं पुनर्भवा नरा न वै विलोकयन्ति रौरवम् ॥

The verse says that those who always recite this Narmada Ashtakam at the three times of the day never fall into misfortune. It says they gain the glory of Shiva's abode, so rare for an embodied being, are not born again, and never see the hell called Raurava.

READ IT ON ITS PAGE

The Narmada Ashtakam with its meaning, how and when it is recited, and the same text in five more scripts:
astrobhava.com/mantra/narmada-ashtakam/



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