ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

# Nirvana Shatakam

Attributed to Adi Shankaracharya

VERSE 1

मनोबुद्ध्यहङ्कारचित्तानि नाहं न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।
न च व्योम भूमिर्न तेजो न वायुश्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I am not the mind, the intellect, the ego or the memory; I am not the ears or the tongue, nor the nose or the eyes. I am not space, earth, fire or air. I am Shiva, whose form is consciousness and bliss; I am Shiva.

VERSE 2

न च प्राणसंज्ञो न वै पञ्चवायुर्न वा सप्तधातुर्न वा पञ्चकोशः ।
न वाक्पाणिपादौ न चोपस्थपायू चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I am not the life-breath, nor the five vital airs; not the seven bodily tissues, nor the five sheaths. I am not speech, hands or feet, nor the organs of generation and excretion. I am Shiva, whose form is consciousness and bliss; I am Shiva.

VERSE 3

न मे द्वेषरागौ न मे लोभमोहौ मदो नैव मे नैव मात्सर्यभावः ।
न धर्मो न चार्थो न कामो न मोक्षश्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I have no hatred or attachment, no greed or delusion; I have no pride and no feeling of envy. I have no duty, wealth, desire or liberation to pursue. I am Shiva, whose form is consciousness and bliss; I am Shiva.

VERSE 4

न पुण्यं न पापं न सौख्यं न दुःखं न मन्त्रो न तीर्थं न वेदा न यज्ञाः ।
अहं भोजनं नैव भोज्यं न भोक्ता चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I am not merit or sin, pleasure or pain; I am not a mantra, a pilgrimage place, the Vedas or a sacrifice. I am not the act of eating, nor the food, nor the one who eats. I am Shiva, whose form is consciousness and bliss; I am Shiva.

VERSE 5

न मृत्युर्न शङ्का न मे जातिभेदः पिता नैव मे नैव माता न जन्म ।
न बन्धुर्न मित्रं गुरुर्नैव शिष्यश्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I have no death and no fear, no distinction of caste; I have no father, no mother, and no birth. I have no relative or friend, no teacher and no disciple. I am Shiva, whose form is consciousness and bliss; I am Shiva.

VERSE 6

अहं निर्विकल्पो निराकाररूपो विभुत्वाच्च सर्वत्र सर्वेन्द्रियाणाम् ।
न चासङ्गतं नैव मुक्तिर्न मेयश्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

I am free of all doubt and false imagining, and without any form; being all-pervading, I am everywhere, underlying all the senses. I am never attached, there is no liberation for me, and I am not something that can be measured or known. I am Shiva, whose form is consciousness and bliss; I am Shiva.

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CLOSING

इति श्रीमच्छङ्कराचार्यविरचितं निर्वाणषट्कं सम्पूर्णम् ॥

Thus ends the Nirvana Shatkam composed by Shri Shankaracharya.

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## Read it on its page

The Nirvana Shatakam with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/nirvana-shatakam/

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