ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Shiva Raksha Stotram

Attributed to Yajnavalkya

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

Twelve verses, from the praise of Mahadeva's story to the verse that tells of Yajnavalkya's dream. The printed closing line is given at the end.

VERSE 1

चरितं देवदेवस्य महादेवस्य पावनम् ।
अपारं परमोदारं चतुर्वर्गस्य साधनम् ॥

The story of Mahadeva, god of the gods, is purifying, boundless and most generous; it is the means to all four aims of life (dharma, wealth, desire and liberation).

VERSE 2

गौरीविनायकोपेतं पञ्चवक्त्रं त्रिनेत्रकम् ।
शिवं ध्यात्वा दशभुजं शिवरक्षां पठेन्नरः ॥

Having meditated on Shiva with five faces, three eyes and ten arms, accompanied by Gauri and Vinayaka, one should recite this Shiva Raksha.

VERSE 3

गङ्गाधरः शिरः पातु भालमर्धेन्दुशेखरः ।
नयने मदनध्वंसी कर्णौ सर्पविभूषणः ॥

May the bearer of the Ganga protect my head, and he who wears the half-moon as a crest my forehead. May the destroyer of Kama protect my eyes, and he who is adorned with serpents my ears.

VERSE 4

घ्राणं पातु पुरारातिः मुखं पातु जगत्पतिः ।
जिह्वां वागीश्वरः पातु कन्धरां शितिकन्धरः ॥

May the enemy of the three cities protect my nose, and the lord of the world my mouth. May the lord of speech protect my tongue, and the blue-throated one my neck.

VERSE 5

श्रीकण्ठः पातु मे कण्ठं स्कन्धौ विश्वधुरन्धरः ।
भुजौ भूभारसंहर्ता करौ पातु पिनाकधृक् ॥

May Shrikantha protect my throat, and he who bears the burden of the universe my shoulders. May he who removes the burden of the earth protect my arms, and the holder of the Pinaka bow my hands.

VERSE 6

हृदयं शङ्करः पातु जठरं गिरिजापतिः ।

नाभिं मृत्युञ्जयः पातु कटी व्याघ्राजिनाम्बरः ॥

May Shankara protect my heart, and the husband of Girija my belly. May the conqueror of death protect my navel, and he who wears the tiger skin my waist.

VERSE 7

सक्थिनी पातु दीनार्तशरणागतवत्सलः ।

ऊरू महेश्वरः पातु जानुनी जगदीश्वरः ॥

May he who is tender to the poor, the suffering and those who seek refuge protect my hips. May Maheshvara protect my thighs, and the lord of the world my knees.

VERSE 8

जङ्घे पातु जगत्कर्ता गुल्फौ पातु गणाधिपः ।

चरणौ करुणासिंधुः सर्वाङ्गानि सदाशिवः ॥

May the maker of the world protect my shins, and the lord of the ganas my ankles. May the ocean of compassion protect my feet, and Sadashiva every limb.

VERSE 9

एतां शिवबलोपेतां रक्षां यः सुकृती पठेत् ।

स भुक्त्वा सकलान् कामान् शिवसायुज्यमाप्नुयात् ॥

The verse says that the fortunate person who recites this protection, filled with Shiva's power, enjoys all wishes and then attains union with Shiva.

VERSE 10

ग्रहभूतपिशाचाद्यास्त्रैलोक्ये विचरन्ति ये ।

दूरादाशु पलायन्ते शिवनामाभिरक्षणात् ॥

The verse says that planetary afflictions, ghosts, pishachas and the like that roam the three worlds quickly flee far away because of the protection of Shiva's name.

VERSE 11

अभयङ्करनामेदं कवचं पार्वतीपतेः ।

भक्त्या बिभर्ति यः कण्ठे तस्य वश्यं जगत्त्रयम् ॥

This armour of the husband of Parvati is named Abhayankara, the giver of fearlessness. The verse says that the three worlds come under the sway of one who wears it at the throat with devotion.

VERSE 12

इमां नारायणः स्वप्ने शिवरक्षां यथाऽऽदिशत् ।
प्रातरुत्थाय योगीन्द्रो याज्ञवल्क्यः तथाऽलिखत् ॥

Just as Narayana taught this Shiva Raksha in a dream, so Yajnavalkya, the foremost of yogis, rising at dawn, wrote it down.

CLOSING

इति श्रीयाज्ञवल्क्यप्रोक्तं शिवरक्षास्तोत्रं सम्पूर्णम् ॥

Thus ends the Shiva Raksha Stotram, spoken by Shri Yajnavalkya.

Read it on its page

The Shiva Raksha Stotram with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/shiva-raksha-stotram/



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