ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Sunday Mantra

Traditional, from the vrata digests

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

Twenty-six verses in the order of the Sunday puja: the meditation, one verse for each offering, and the closing prayer.

DHYANAM 1

तेजोरूपं सहस्रांशुं सप्ताश्वरथगं वरम् ।
द्विभुजं वरदं पद्मलांछनं सर्वकामदम् ॥

I meditate on Surya, whose form is radiance, who has a thousand rays and rides the chariot of seven horses, the excellent one. He has two arms, grants boons, bears the lotus as his emblem and gives every wish.

AVAHANAM 1

आगच्छ भगवन्सूर्य मंडले च स्थिरो भव ।
यावत्पूजा समाप्येत तावत्त्वं सन्निधौ भव ॥

Come, blessed Surya, and stay steady in this drawn circle. Remain present here until the worship is complete.

ASANAM 1

हेमासनं महादिव्यं नानारत्नविभूषितम् ।
दत्तं मे गृह्यतां देव दिवाकर नमोऽस्तु ते ॥

This golden seat, most divine and set with many gems, I give you; accept it, O god. Salutations to you, Divakara, maker of the day.

PADYAM 1

गंगाजलं समानीतं परमं पावनं महत् ।
पाद्यं गृहाण देवेश धामरूप नमोऽस्तु ते ॥

Water of the Ganga, supremely purifying and great, has been brought. Accept it to wash your feet, god of gods, whose form is light; salutations to you.

ARGHYA 1

भो भोः सूर्य महाभूत ब्रह्मविष्णुस्वरूपिणे ।
अर्घ्यमंजलिना दत्तं गृहाण परमेश्वर ॥

O Surya, great being, you whose form is Brahma and Vishnu: accept this arghya offered with joined palms, Supreme One.

ACHAMANIYAM 1

गंगादितीर्थजं तोयं जातीपुष्पैश्च वासितम् ।
ताम्रपात्रे स्थितं दिव्यं गृहाणाचमनीयकम् ॥

Water from the Ganga and other holy fords, scented with jasmine flowers and held in a copper vessel: accept this divine water for sipping.

SNANAM 1

जाह्नवीजलमत्यंतं पवित्रकरणं परम् ।
स्नानार्थं च मयानीतं स्नानं कुरु जगत्पते ॥

Water of the Jahnavi (Ganga), supremely purifying, I have brought for your bath. Bathe, ruler of the world.

PANCHAMRITA SNANAM 1

पयोदधिघृतैश्चैव शर्करामधुसंयुतैः ।
कृतं मया च स्नपनं प्रीयतां परमेश्वरः ॥

I have bathed you with milk, curd and ghee, together with sugar and honey. May the Supreme One be pleased.

SNANAM 2

गंगा गोदावरी चैव यमुना च सरस्वती ।
नर्मदा सिंधुकावेर्यौ ताभ्यः स्नानार्थमाहृतम् ॥

Ganga, Godavari, Yamuna and Sarasvati, Narmada, Sindhu and Kaveri: from these rivers water has been brought for your bath.

VASTRAM 1

रक्तपट्टयुगं देव सूक्ष्मतंतुविनिर्मितम् ।
शुद्धं चैव मया दत्तं गृहाण कमलाकर ॥

A pair of red silk cloths, woven of fine thread and clean, I offer you, O god. Accept them, you who make the lotuses bloom.

UPAVITAM 1

नमः कमलहस्ताय विश्वरूपाय ते नमः ।
उपवीतं मया दत्तं तद्गृहाण दिवाकर ॥

Salutations to you who hold the lotus in your hand, salutations to you whose form is the universe. I offer the sacred thread; accept it, Divakara.

GANDHAM 1

कुंकुमागुरुकस्तूरीसुगंधैश्चंदनादिभिः ।
रक्तचंदनयुक्तं तु गंधं गृह्ण प्रभाकर ॥

Fragrant paste made with kumkum, agaru, musk, sandal and other scents, mixed with red sandal: accept it, Prabhakara, maker of light.

PUSHPAM 1

जपाकदंबकुसुमरक्तोत्पलयुतानि च ।
पुष्पाणि गृह्यतां देव सर्वकामप्रदो भव ॥

Flowers of hibiscus and kadamba, with red lotuses: accept these flowers, O god, and be the giver of every wish.

AKSHATA 1

रक्तचंदनसंमिश्रा अक्षताश्च सुशोभनाः ।
मया दत्ता गृहाण त्वं वरदो भव भास्कर ॥

Beautiful unbroken rice grains mixed with red sandal I offer you. Accept them and grant boons, Bhaskara.

DHUPAM 1

दशांगो गुग्गुलोद्भूतः कालागुरुसमन्वितः ।
आघ्रेयः सर्वदेवानां धूपोऽयं प्रतिगृह्यताम् ॥

This incense of ten ingredients, made from guggulu and black agaru, fit to be smelled by all the gods: may it be accepted.

DIPAM 1

कार्पासवर्तिकायुक्तं गोघृतेन समन्वितम् ।
दीपं गृहाण देवेश त्रैलोक्यतिमिरापह ॥

A lamp with a cotton wick, filled with cow's ghee: accept it, god of gods, remover of the darkness of the three worlds.

NAIVEDYAM 1

पायसं घृतसंयुक्तं नानापक्वान्नसंयुतम् ।
नैवेद्यं च मया दत्तं शांतिं कुरु जगत्पते ॥

Sweet milk-rice with ghee, along with many cooked dishes, I offer as food. Grant peace, ruler of the world.

ACHAMANAM 1

कर्पूरवासितं तोयं मंदाकिन्याः समाहृतम् ।
आचम्यतां जगन्नाथ मया दत्तं हि भक्तितः ॥

Water drawn from the Mandakini and scented with camphor I give with devotion. Sip it, ruler of the world.

KARODVARTANAM 1

मलयाचलसंभूतं कर्पूरेण समन्वितम् ।
करोद्वर्तनकं चारु गृह्यतां जगतः पते ॥

A fine hand-rub of sandal from the Malaya mountain, mixed with camphor: accept it, ruler of the world.

PHALAM 1

इदं फलं मया देव स्थापितं पुरतस्तव ।
तेन मे सफलावाप्तिर्भवेज्जन्मनि जन्मनि ॥

This fruit, O god, I have placed before you. The verse says that through it my efforts will bear fruit in birth after birth.

TAMBULAM 1

एलालवंगकर्पूरखदिरैश्च सपूगकैः ।
नागवल्लीदलैर्युक्तं तांबूलं प्रतिगृह्यताम् ॥

Betel prepared with cardamom, clove, camphor and catechu, with areca nut and betel leaves: may it be accepted.

DAKSHINA 1

दक्षिणां कांचनीं देव स्थापितां च तवाग्रतः ।
गृहाण सुमुखो भूत्वा प्रभाकर नमोऽस्तु ते ॥

This offering of gold, O god, is placed before you. Accept it with a kind face, Prabhakara; salutations to you.

NIRAJANAM 1

पंचवर्तिसमायुक्तं सर्वमंगलदायकम् ।
नीराजनं गृहाणेदं सर्वसौख्यकरो भव ॥

This lamp-waving with five wicks, which gives every auspicious thing: accept it, and be the maker of all happiness.

PRADAKSHINA 1

यानि कानि च पापानि जन्मांतरकृतानि च ।

विलयं यांति तानीह प्रदक्षिणपदे पदे ॥

Whatever sins there are, even those done in other births, the verse says they dissolve here with every step of this walk around you.

NAMASKARA 1

नमः पंकजहस्ताय नमः पंकजमालिने ।

नमः पंकजनेत्राय भास्कराय नमो नमः ॥

Salutations to him who holds a lotus, salutations to him who wears a garland of lotuses. Salutations to the lotus-eyed Bhaskara, salutations again and again.

PRARTHANA 1

यस्योदये स्याज्जगतः प्रबोधो यः कर्मसाक्षी भुवनस्य गोप्ता ।

कुष्ठादिकव्याधिविनाशको यः स भास्करो मे दुरितं निहन्यात् ॥

At whose rising the world wakes, who witnesses all deeds and guards the world, and who, the verse says, destroys leprosy and other diseases: may that Bhaskara destroy my wrongdoing.

Read it on its page

The Sunday Mantra with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/sunday-mantra/



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