ASTROBHAVA

SACRED HYMN · SANSKRIT (DEVANAGARI) WITH MEANING

Yamashtakam

Savitri, Brahmavaivarta Purana

THE COMPLETE HYMN · SANSKRIT (DEVANAGARI)

Eight verses of praise, one verse of narrative and two verses on recitation, all from chapter 28. The printed closing line is given at the end.

VERSE 1

तपसा धर्ममाराध्य पुष्करे भास्करः पुरा ।
धर्मांशं यं सुतं प्राप धर्मराजं नमाम्यहम् ॥

Long ago at Pushkara, the Sun worshipped Dharma through austerity and gained a son who was a portion of Dharma. I bow to that Dharmaraja.

VERSE 2

समता सर्वभूतेषु यस्य सर्वस्य साक्षिणः ।
अतो यन्नाम शमनमिति तं प्रणमाम्यहम् ॥

He is the witness of all and is even-handed toward every being, and for that reason his name is Shamana. I bow to him.

VERSE 3

येनान्तश्च कृतो विश्वे सर्वेषां जीविनां परम् ।
कर्मानुरूपकालेन तं कृतान्तं नमाम्यहम् ॥

By him the final end of all living beings in the world is brought about, at the time that accords with their karma. I bow to that Kritanta.

VERSE 4

बिभर्ति दण्डं दण्डाय पापिनां शुद्धिहेतवे ।
नमामि तं दण्डधरं यः शास्ता सर्वकर्मणाम् ॥

He carries the staff for punishment, so that sinners may be purified. I bow to that Dandadhara, the ruler over all actions.

VERSE 5

विश्वे यः कलयत्येव सर्वायुश्चापि सन्ततम् ।
अतीव दुर्निवार्यं च तं कालं प्रणमाम्यहम् ॥

In this world he constantly measures out the life span of all, and he cannot be turned back. I bow to that Kala.

VERSE 6

तपस्वी वैष्णवो धर्मी संयमी विजितेन्द्रियः ।
जीविनां कर्मफलदं तं यमं प्रणमाम्यहम् ॥

He is an ascetic, a devotee of Vishnu, righteous, restrained, the conqueror of his senses, and he gives living beings the fruit of their karma. I bow to that Yama.

VERSE 7

स्वात्मारामश्च सर्वज्ञो मित्रं पुण्यकृतां भवेत् ।
पापिनां क्लेशदो यश्च पुण्यमित्रं नमाम्यहम् ॥

He rests content in his own Self, knows all, is a friend to those who do good, and brings suffering to sinners. I bow to that Punyamitra, the friend of the virtuous.

VERSE 8

यज्जन्म ब्रह्मणो वंशे ज्वलन्तं ब्रह्मतेजसा ।
यो ध्यायति परं ब्रह्म ब्रह्मवंशं नमाम्यहम् ॥

His birth is in the line of Brahma, he blazes with the radiance of Brahman, and he meditates on the supreme Brahman. I bow to him of Brahma's line.

VERSE 9

इत्युक्त्वा सा च सावित्री प्रणनाम यमं मुने ।
यमस्तां विष्णुभजनं कर्मपाकमुवाच ह ॥

O sage, having said this, Savitri bowed to Yama. Then Yama told her of the worship of Vishnu and of the ripening of karma.

PHALA SHRUTI 1

इदं यमाष्टकं नित्यं प्रातरुत्थाय यः पठेत् ।
यमात्तस्य भयं नास्ति सर्वपापात्प्रमुच्यते ॥

The verse says that whoever rises at dawn and recites this Yamashtakam daily has no fear of Yama and is released from all sin.

PHALA SHRUTI 2

महापापी यदि पठेन्नित्यं भक्त्या च नारद ।
यमः करोति तं शुद्धं कायव्यूहेन निश्चितम् ॥

The verse says, O Narada, that if even a great sinner recites it daily with devotion, Yama surely makes him pure through the array of his bodies.

CLOSING

इति श्रीब्रह्मवैवर्त्ते महापुराणे द्वितीये प्रकृतिखण्डे नारदनारायणसंवादे सावित्रीकृतयमस्तोत्रं नामाष्टाविंशोऽध्यायः ॥

Thus ends the twenty-eighth chapter, named the Hymn to Yama by Savitri, in the dialogue of Narada and Narayana, in the second part, the Prakriti Khanda, of the great Brahmavaivarta Purana.

Read it on its page

The Yamashtakam with its meaning, how and when it is recited, and the same text in five more scripts: astrobhava.com/mantra/yamashtakam/



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